



Introduction to support material for employers of personal assistants

Varma wants to support you as you serve as the employer of a personal assistant.

Contents of the support material:

- We can help you by giving you tips on how to be a good employer. Our tips can help you achieve a smooth everyday life in your employment relationship with your assistant and enhance well-being for both of you.
- You will have opportunities to reflect on how you can be a successful employer and how to be a good leader to your assistant.
- This support material also offers ways to better recognise and provide help with the assistant's work ability risks.
- And finally, this material will provide you with useful tools to support you as an employer.

This material is intended as a first-hand databank in many matters related to being the employer of a personal assistant.

Being a good employer

A well-planned and implemented employer model gives you independence and supports you in being able to live the life you want.

Being an employer entails responsibilities both for taking care of matters and for your employment relationship with your assistant.

As an employer, you are also responsible for your assistant's occupational health and safety.

As the employer of a personal assistant, you are in the driver's seat.

- You should have an understanding of the skills that an employer must have.
- Another foundation for a successful employment relationship is clarity about each person's role in the employer-assistant relationship.
- Moreover, it is important that you both have as clear an understanding as possible about what to do in various problem situations.

What does following the employer model entail, and what are the most important matters in terms of acting as an employer?

Explore the support material for employers more closely. You can also watch a video in which two personal assistance influencers share their thoughts on the matter. The subtitled video features Marja Pihkala, the president of Ruseti, the National Association for Women with Disabilities, and Jarmo Tiri, a working life specialist and long-time influencer in the field of personal assistance.

The video is included with this material, or you can always find it at www.varma.fi/henkilokohtainenapu.

This material is part of Varma's work ability support material.
How can I succeed as an employer of a personal assistant? – Part 0: Introduction.
Read more: varma.fi/henkilokohtainenapu