



Varma secures your earnings-related pension

[Varma.fi](#) > [Private customer](#)

Earnings-related pension will secure your income if your livelihood changes due to age, illness, injury, disability or the death of a family provider. Retirement ages are changing gradually. Our website, [varma.fi](#), contains extensive information about pension benefits. By using our online services, you will always be up to date on your pension security situation.

Your employer will report your earnings information to the national Incomes Register after every salary payment. If you are an entrepreneur and you pay yourself a salary, you are required to enter the information into the Incomes Register. You can see in your salary calculation how you participate as an employee in the funding of pensions.

As a wage-earner, you can view your earnings information at the address [incomesregister.fi](#). The payroll information from the previous month that affects pension will show in Varma's eServices as of the 8th day of each month. A self-employed person's pension accrues on the basis of the YEL confirmed income set by the self-employed person him-/herself.

Your pension is the sum of many parts

Your pension accrues on earned income and on certain unpaid periods. A small earnings-related pension is supplemented by Finnish national pension.

Pension is calculated on your earnings

Pension begins accruing on the wages from the age of 17. Entrepreneurs accrue pension starting from the age of 18.

Pension accrues on earnings at a rate of 1.5% annually. During the transition period of 2017–2025, pension accrues at a rate of 1.7% per year for those aged 53–62.

In addition, if you retire after reaching your lowest retirement age for old-age pension, your pension will be increased by 0.4% for each month of deferred retirement.

The accrued pension is increased by the wage coefficient to match the income and price level of the year in question. Changes in salaries and wages account for 80% and changes in prices for 20% of the increase.

Pension also accrues during unpaid periods

Pension accrues on unpaid periods for which a benefit based on earnings is paid, such as:

- daily sickness allowance
- earnings-related unemployment allowance or training allowance
- maternity, paternity and parental allowance.

Pension also accrues on periods spent caring for a child under the age of three at home, as well as on studies leading to a university degree or vocational qualification.

Effect of the life expectancy coefficient on earnings-related pension

The life expectancy coefficient is used to account for the general increase in life expectancy. It lowers the amount of pension.

The coefficient confirmed for your age group will reduce your old-age pension regardless of when you begin your retirement after the age of 62. In [Varma's eService](#) you can calculate a pension estimate to see how the coefficient is estimated to affect your pension.

Earnings-related pension in different life situations

Your age and life situation determine which earnings-related pension benefit you are eligible for.

Flexible retirement on old-age pension

The age limit for old-age pension is determined in accordance with your year of birth:

Year of birth	Minimum retirement age	Target retirement age	Age up to which pension accrues
1955	63 y 3 m	64 y 1 m	68 y
1956	63 y 6 m	64 y 5 m	68 y
1957	63 y 9 m	64 y 9 m	68 y
1958	64 y	65 y 1 m	69 y
1959	64 y 3 m	65 y 5 m	69 y
1960	64 y 6 m	65 y 9 m	69 y
1961	64 y 9 m	66 y 2 m	69 y
1962	65 y	66 y 6 m	70 y

- The minimum retirement age is the age before which you cannot retire.
- At the target retirement age, the share of the increase for deferred retirement is the same as the reduction caused by the life expectancy coefficient at the lowest retirement age.
- The age up to which pension accrues is also the retirement age specified in the Employment Contracts Act. Employment ends at the age of retirement without termination of employment if the parties do not agree on continuation.

The retirement age of those born in 1965 or later will be linked to the average life expectancy.

You can check your lowest and target retirement age, as well as the age up to which you accrue pension, when you estimate the amount of your pension at [varma.fi > Private customer > Amount of pension in the Calculate an estimate of your pension section](#).

You can retire at your discretion after you have reached your lowest retirement age for old-age pension. For more information, see our brochure [Old-age pension \(pdf\)](#).

Partial old-age pension for those who have turned 61

Partial old-age pension is 25 or 50 per cent of the pension you have accrued up until the end of the previous year. If you opt for partial old-age pension before reaching the lowest retirement age for old-age pension, your pension will be reduced by 0.4% each month.

Working while on pension is not required or limited. If you wish to reduce your working hours, you must arrange that with your employer. Work or unemployment have no effect on partial old-age pension, nor does partial old-age pension have an effect on unemployment allowance. Please read more in our brochure [Partial old-age pension \(pdf\)](#).

Varma's rehabilitation supports employees who fall ill

If work disability is a potential threat and you have a profession and a sufficiently long work history, you can receive rehabilitation supported by Varma. This may come in the form of work trials, work coaching, vocational training or a business subsidy. Learn more: [varma.fi > Private customer > Rehabilitation](#).

Disability pension or cash rehabilitation benefit

You are entitled to disability pension if you have not yet reached the age limit for old-age pension and your work ability has deteriorated considerably. You may receive permanent disability pension, the fixed-term rehabilitation benefit or partial disability pension. Read more in our brochure [Disability pension \(pdf\)](#).

Years-of-service pension for those who perform strenuous work

You can consider the years-of-service pension before you reach the retirement age for old-age pension if

- you are 63
- you have performed strenuous and wearing work for at least 38 years and
- your work ability is reduced by illness.

More information in our brochure [Years-of-service pension \(pdf\)](#).

Survivors' pension for a widow(er) and children

Survivors' pension according to the employment pensions acts can be granted to:

- a child under 18 years of age
- the spouse of the deceased
- the surviving partner of a registered couple
- an ex-spouse if he or she receives support by contract.

To read about surviving spouses' pension rights and the amount of survivors' pension, please see our brochure [Survivors' pension \(pdf\)](#).

Varma Mutual Pension Insurance Company

Telephone number: 010 2440

Address: Salmisaarenranta 11, Helsinki | P.O. Box 1, FI-00098 VARMA

Business ID: 0533297-9

Homepage: [www.varma.fi](#)

Pension is a benefit that must be applied for

If you are considering applying for a pension

1. find out the requirements for receiving the pension
2. apply for the pension through [Varma's eServices](#).

Learn about the conditions for receiving a pension and how to apply for pension at [varma.fi > Private customer](#).

Your earnings-related pension will be paid to all countries. If you do not live in Finland when applying for your pension from Finland, please see the instructions at the [Finnish Centre for Pensions' website etk.fi/en > Work and pensions abroad](#).

Use our online services even after you retire

Check the pension payment dates and read up on the taxation of pensions and other practical matters that are of interest to pensioners online. In our eServices, you can view your pension data, print out certificates, change your bank account and contact information and raise your tax rate.

If you are interested in working while drawing a pension, find out how it applies to your situation at [www.varma.fi > Private customer > working during retirement](#).

Your pension information during working life and retirement on Varma's website

[eServices for private customers varma.fi > Log in](#)

Through our eServices, you can obtain

- pension records
- pension estimates
- pension applications
- rehabilitation applications and services
- information on the status of the processing of your pension application
- information on paid pension and withheld tax
- certificate of the amount of your pension
- an electronic employment pension card
- pension decisions and documents for the past two years

You can send messages and attachments to us through the service or change your contact details.

Varma is at your service in all issues concerning earnings-related pension at the address [www.varma.fi](#).